

Pills-a-go-go

Journal of Pills
Ciao Bush 1992



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#13

pills capsules syrups powders extracts tinctures elixers tablets effervescent tablets time released enteric coat

Hollywood Halcion

A vigilant PaGG correspondent got a look at the soon-to-be-released movie "Jeffrey Dahmer — the Secret Life" and recounts the following "pharmaphobic" scene:

J.D. (to victim-to-be, lured into innocent 'hey man, wanna party?' number —)

"Hey man, lemme getcha a beer!"

(cut to crunching and grinding of sinister blue tablets) beer sips and within seconds...

Victim: "Hey — Whadja gimme, man?"

(cut to instantaneous comatose condition, eyes glazed, tongue drooping, the mythic Mickey Finn, the taking candy from a stranger of all our paranoid childhoods.)

"Trouble is," notes the nurse/correspondent, "even big old barb ODs by mouth take time to absorb" and what is shown in the movie is a more accurate portrayal of an intervenous curare injection.

Halcion Habeas Corpus

• Meanwhile a Texas cop serving a life sentence for shooting his best friend in the head after a drinking spree in 1987 suddenly realized the true problem was the Halcion he had taken. Accordingly, William A. Freeman (no joke), former assistant police chief in the west Texas town of Ft. Stockton has filed suit against Upjohn for \$5.5 million to compensate his family for the "pain, humiliation and tragedy inflicted" by the devil drug.

This just in, the jury awarded Freeman's family up to \$2.15 million. But the actual damage award is likely to be less since the jury split the blame between the pill, the doctor and, surprisingly, Freeman himself., who they figured was responsible for 50% of the crime. The doc weighed in at 30% and Upjohn was blamed for 20%.

Eli Lucifer

• Speaking of devil drugs ... Eli Lilly may have a PR problem worse than Proctor & Gamble's satanic emblem with their recent merger-deal with SHAMAN PHARMACEUTICALS. The company, named for a type of witch doctor now favored by new agers, is dedicated to isolating cool-o drugs from "magic" folk remedies.

Say What?

• And does this sound right? On October 21st, Reuters reported a Tokyo nurse being arrested for the theft of 1,000 sleeping pills called "Hallucion", which supposedly sell for \$40-\$80 on the Japanese black market and can cause hallucinations.

PILL PROMISE

First let me direct your attention to the first installment of our campaign to show you how to make drugs at home — some have writhed in anxiety over whether this new emphasis on "herbal" medicines represents an abandonment of our commitment to pills.

It does not. PaGG still maintains its love for pills and continues to laud all types of tablets, capsules etc. The pill represents the pinnacle of Western Culture and we have not forgotten that. Yet, as the masthead has clearly indicated since the beginning, we also have room in our hearts for other forms of medicine delivery — including injections and suppositories. Indeed, what could be more useful than an anti-emetic suppository? Violent vomiting makes pill-taking unrealistic, yet by shoving a Tigan up your ass, you may be able to calm down enough to open wide to bottles and bottles of luscious pills.

So PaGG loves pills, Okay?!

On page three we have gathered together a bunch of different herbal recipes that are believed to either promote menstruation (emmenagogues) or to cause and abortion (abortifacients). The latter group is totally PC since the government has so far sealed us off from the "controversial" abortion pill RU486.

We say fuck 'em, we'll make our own.

And just because the cactus-eaters prefer to take their drugs in tea or smoke form doesn't mean we can't modify the recipes to allow for pill formation. A case in point is Kava Kava root. It is possible to extract the narcotic components of the root in your own kitchen and either harden them into pills or fill up capsules with the stuff. Look forward to our special PaGG Kava recipe and many more!

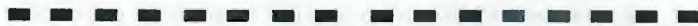
In the Har Har Har Department we have the pathetic case of Eli Lilly, who after having lost its inside men George Bush and Dan Quayle (PaGG *passim*) is now frantically, and we do mean frantically trying to save itself from financial collapse after posting their first loss in its history.

Here's the bare bones story. Of the top sellingest drugs made by Eli Lilly two are already off-patent (Ceclor and Darvocet N 100) and so rely on doctors' force of habit. Axid, it's Zantac clone, has only 3% of the anti-ulcer market and its heart medication, Dobutrex, probably doesn't even rate in the top 20.

Prozac, which is doing remarkably well considering it is still the target of some 50 lawsuits, has gained a spurious reputation as a monster-drug and now faces serious competition from two other "me-too" versions. In fact, Lilly is working on its own "me-too" version of Prozac (Tomoxetine) suggesting they may need/want to scrap Prozac.

Calling all Guinea Pigs!

Here are a some drug studies PaGG has learned about along with some contact information. Some of these studies may pay and some may not, but all have been advertised at some point in newspapers, etc. It is quite possible that a particular study listed here will be full or even completed by the time you get in touch with them. But these contact numbers are likely to yield more, and perhaps even better tests in the future — so keep these numbers!



By far the best-sounding study we've heard about so far is study of a new opiate painkiller called buprenorphine. The study calls for males between the ages of 21 and 45 to live at the University of San Francisco's study unit and then participate in some outpatient work.

But check this out — you must already be a "recent and frequent" user of opiates, and not trying to kick or anything. Beautiful! This is just the thing for a junkie who could use a vacation. Money is paid but the amount is unknown. Call (415) 476-7471 from 9am to 4pm or (415) 476-7498 to leave a message 24 hours

- USCF is also looking for males and females with psoriasis to participate in a 6-visit, 8-week study of some new cream. Pays \$100. Call (415) 476-6281

- St Louis U. Med. Center is looking for oldsters between 60 and 85 to try out a "breakthrough" anti-anxiety medicine. No word on pay. Call (314) 577-8741

They are also looking for old people with insomnia to try out a new med and you get "a small stipend" for this one. Call (314)577-8719 or (314) 577-8723.

- Barnes West County hospital in St. Louis is looking for kids between 12 and 17 who are allergic to ragweed. Call 1-800-243-LUNG.

- Also in St. Louis is a study for females between 40-65 to participate in a research study on menopause. There are a few conditions and probably no pay — call (314) 638-9518 for more information.

- Glaucoma sufferers who strike out at the above studies can mosey over to St. Louis' Barton Research to find out about a PAID study some new glaucoma medications. Call (314) 727-3793.

News Flash: Viral Disease Research Clinic, Seattle needs vols. for herpes vaccine. 3 shots @ \$50 each over 6 mo. period. Call 206-223-8426



- And at Jewish Hospital they're looking for people with ulcerative colitis or proctitis for "promising" studies on new anti-inflammatory meds. Call (314) 454-7363

- Diabetics in St. Louis can take advantage of a slew of studies to treat their disease by calling the Kilo Diabetes & Vascular Research Foundation at (314) 434-7166 or 434-6500.

- Denver's Pharmatech was looking for asthma patients using inhaled steroids to check out an inhaler called Azmacort. Call (303) 777-6738.

- Also near Denver (Lakewood) the Clinical Research Department headed up by Dr. Paul Miller was looking for postmenopausal women for osteoporosis studies. Age 40 and older, not currently on estrogen. Call (303) 232-6930.

- In Salt Lake City AAAA Medical Research Group needs volunteers to get between \$100 and \$400 for participating in investigational drug studies for hay-fever, asthma, hives, and hot flashes. Looks lucrative. Call (801) 532-4526 for more information.

- Pharmaco Dynamics Research Inc. has taken to advertising for guinea pigs on local rock & roll stations, on billboards and with humorous ads in local papers. It is refreshing beyond belief that a research facility would be so open about its business and take the trouble to shuck off the image of Frankensteiner and secrecy most other places have.

They have even mailed a brochure about guinea-pigging to the 5,000 freshmen at the local University of Texas to remind them of one of the easiest (and often fun) ways to make a hundred bucks a day. One of the company's logos (which appears on give-away T-shirts) is of a two-headed woman, jeering at the common fear people have of human drug testing.

Anyway, Pharmaco has run tests on thousands of drugs from acne medicine ("Zits are the Pits — You can make them pay!") to contraceptives and chances are good you can get on there. Write down this latest number (512) 462-0492 or (in Texas (800) 866-0492. Have a nice ride! Yee Hal

HOT TIPS: Head for the Medical University of South Carolina this summer for studies funded by Hoffman-LaRoche and Sandoz involving diazepam and a new medication for Panic Disorder and/or agoraphobia.



EMMENAGOGUES

Caraway, *Carum Carvi*
COMMON NAME: Caraway
MEDICINAL PART: Seed.
USES: Antispasmodic, carminative, emmenagogue, expectorant, galactagogue, stomachic.
TO USE: Seeds may be chewed or prepared as follows: Infusion: 3 tsp. crushed seeds to 1/2 cup water. Boil briefly, steep covered for 10 minutes and strain. Take 1-1 1/2 cups a day, homeopathically.

Motherwort, *Leonurus cardiaca*
COMMON NAMES: Lion's ear, lion's tail, throatwort.
MEDICINAL PARTS: Leaves and top.
USES: Astringent, carminative, cardiac, emmenagogue, stomachic.
TO USE: Infusion: steep 1 tsp. tops or leaves to 1/2 cup water. Take one cup a day, homeopathically. Decoction: 1 tsp. boiled in 3 cups of water until one cup remains. Take 1/3 cup, 3 times a day.
CONTRAINDICATIONS: Skin may react to external contact with leaves on susceptible individuals.

American Centaury, *Sabatia angularis*
COMMON NAMES: Bitterbloom, bitter clover, eyebright, red centaury.
MEDICINAL PART: The herb.
USES: Bitter tonic, emmenagogue, febrifuge, vermifuge.
TO USE: Use 1 tsp. chopped herb to make 1 cup boiling water. Steep for 1/2 hour. Take 1 tb. every few hours.

Black Cohosh, *Cimicifuga racemosa*
COMMON NAMES: Black snakeroot, bugbane, rattlesnake root.
MEDICINAL PART: Rootstock.
USES: Antispasmodic, astringent, diuretic, emmenagogue, expectorant, sedative.
TO USE: Decoction: Boil 2 tsp. rootstock in 1 pint water. Take 2-3 times a day, cold.
CONTRAINDICATIONS: Overdosage can cause symptoms of poisoning.

Wild Yam, *Dioscorea villosa*
COMMON NAMES: Cnic root, China root, yama.
MEDICINAL PART: Root.
USES: Antispasmodic, diaphoretic, diuretic, emmenagogue, expectorant.
TO USE: Steep 1 tap root to 1 cup water for 30 minutes. Take one cup a day, homeopathically.

Squaw Vine, *Mitchella repens*
COMMON NAMES: Checkerberry, deerberry, squaw berry.
MEDICINAL PART: Leaves.
USES: Astringent, diuretic, emmenagogue, tonic.
TO USE: Infusion: Steep 1 tsp. in 1 cup water for 1/2 day. Take 1-3 cups a day.

Aloes, *Aloe socratina*
COMMON NAMES: Bombay aloes, Turkey aloes.
MEDICINAL PART: Leaves.
USES: Cathartic, emmenagogue, stomachic.
TO USE: Steep 1 tsp. to 1 cup water.
CONTRAINDICATIONS: Take sparingly at first, may have strong laxative effect. best taken in conjunction with an aromatic tea, such as camomile.

Madder, *Rubia tinctorum*
COMMON NAME: Madder root.
USES: Astringent, diuretic, emmenagogue.
TO USE: Infusion: 1 tsp. root to 1 cup water, steeped. Take 1-1 1/2 cups a day.

Balm, *Melissa officinalis*
COMMON NAMES: Balm mint, bee balm, melissa, sweet balm.
MEDICINAL PARTS: Herbs, leaves.



WARNING: Herbs are a medicine. Only take them as indicated, and stop at the first signs of poisoning, dizziness or nausea. Some herbs may not be right for you. Find out more about them if you can. They are in certain herbal books.

USES: Antispasmodic, calmative, carminative, diaphoretic, emmenagogue, stomachic.
TO USE: Infusion: 2 tsp. cho herb or leaves to 1 cup boiling water, add infusion to bath water.

Mugwort, *Artemisia vulgaris*
COMMON NAMES: Felon's ... alor's tobacco, common mugwort.
MEDICINAL PARTS: Rootstock, herb.
USES: Appetizer, digestive, emmenagogue, homeopathically.
CONTRAINDICATIONS: Excessive doses can cause poisoning, but nothing is to be feared from normal use.

Gentian, *Gentiana lutea*
COMMON NAMES: Bitterroot, bitterwort, felwort.
MEDICINAL PART: Root.
USES: Astringent, emmenagogue, stomachic, tonic.
TO USE: Steep 1 tsp. to 1 cup water. Take 2-3 cups a day.

Thyme, *Thymus vulgaris*
COMMON NAME: Garden thyme.
MEDICINAL PARTS: Whole plant.
USES: Antispasmodic, antiseptic, carminative, emmenagogue, tonic.
TO USE: Infusion: Steep 1/2 tsp. fresh or 1 tsp. dried herb in 1/2 cup water for 3-5 minutes. Take 1-1 1/2 cups a day.
CONTRAINDICATIONS: Excessive internal use of thyme can lead to symptoms of poisoning and overstimulation of the thyroid gland.

Vervain, *Verbena officinalis*
COMMON NAMES: Vervain, enchanter's plant, pigeonweed.
MEDICINAL PART: Whole plant.
USES: Astringent, diuretic, emmenagogue, galactagogue, stimulant, tonic, vulnerary.
TO USE: Cold extract: use 1 lb. plant to 1 cup water. Let stand 8-10 hours. Take 1 cup a day.

Frasinella, *Dictamnus albus*
COMMON NAMES: Bastard dittany, burning bush, diptam.
MEDICINAL PARTS: Rootstock, herb, seed.
USES: Anthelmintic, diuretic, emmenagogue, expectorant, febrifuge.
TO USE: Decoction: use 1 tb. rootstock or seeds, steeped in 1 cup water. Take 1 cup a day, homeopathically.

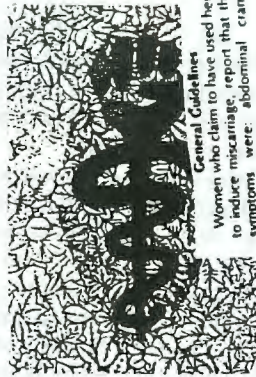
Parsley, *Petroselinum sativum*
COMMON NAMES: Garden parsley, rock parsley.
USES: Emmenagogue, expectorant.
TO USE: Steep 1 lb. leaves or seeds to 1

cup water for 20 minutes (we also heard of a woman putting fresh parsley in her vagina to induce menses).

Wood sage, *Teucrium scorodonia*
COMMON NAMES: Garlic sage.
MEDICINAL PARTS: Whole plant.
USES: Alterative, diuretic, emmenagogue, vermifuge.
TO USE: Infusion: steep 1 tsp. to 1 cup water. Take 1-1 1/2 cups a day homeopathically.

Angelica, *Angelica atropurpuria*
COMMON NAMES: Great angelica, high angelica, masterwort.
MEDICINAL PART: Roots.
USES: Carminative, diuretic, emmenagogue, stimulant.
PREPARATION AND DOSAGE: Use 1 tsp. dried roots to 1/2 cup water.
CONTRAINDICATIONS: Fresh, undried roots are poisonous.

Birthroot, *Aristolochia clematitis*
COMMON NAMES: Aristolochia root, upright birthwort.
MEDICINAL PART: Rootstock.
USES: Antiseptic, astringent, diaphoretic, emmenagogue, expectorant.
TO USE: Decoction: use 1 tsp. to 1 cup water. Take hot or cold just before going to bed. Drink 1-2 cups a day.
CONTRAINDICATIONS: Do not confuse birthroot with birthwort, which can be poisonous.



Lovage, *Levisticum officinale*
COMMON NAMES: European lovage, lavose, sea parsley.
MEDICINAL PART: Rootstock.
USES: Carminative, diuretic, emmenagogue, expectorant, stimulant,

stomachic.
TO USE: Infusion: fresh or dried rootstock, 1 tsp. to 1 cup water. Take 1-1 1/2 cups a day.
CONTRAINDICATIONS: Should not be taken by those with kidney problems.

Imperial Masterwort, *Imperatoria ostruthium*
COMMON NAME: Masterwort
MEDICINAL PART: Rootstock
USES: Calmative, diaphoretic, diuretic, emmenagogue, febrifuge, stimulant
TO USE: Decoction: use 1 tsp rootstock with 1/2 cup water, boil lightly and steep 3 minutes, strain. Take 1/2-1 1/2 cups a day, unsweetened, homeopathically

Brookline, *Veronica beccabunga*
COMMON NAMES: Beccabunga, mouthsmart, neckweed, speedwell.
MEDICINAL PARTS: The herb.
USES: Diuretic, emmenagogue, febrifuge.
TO USE: Take 1-3 tsp. of the juice a day (take in milk if stomach is sensitive).

Sweet flag, *Acorus calamus*
COMMON NAMES: Calamus, grass myrtle, myrtle flag, sweet grass.
MEDICINAL PART: Rootstock.
USES: Carminative, diaphoretic, emmenagogue, febrifuge, sedative, stomachic.
TO USE: Infusion: steep 1 tsp. rootstock in 1/2 cup water for 5 minutes. Take 1 cup a day. Decoction: add 1 tb. dried rootstock to 1 cup simmering water and boil briefly. Take 1 cup a day.

similar to a menstrual period; lower back pain, heavy flow, general weakness and sometimes depression. These symptoms, we are told, are typical of abortion and miscarriage. Symptoms of fever and indicate infection or other are fever and backache. We have not heard of anyone experiencing an infection or other complication following an herbal abortion, but such symptoms are best treated by a physician. If for no other reason than that patient needs a prescription for penicillin to get rid of the infection.
Emmenagogues should be used at the first sign of a late period because they tend to be easier on the system. If after one week, the emmenagogue doesn't work, try an abortifacient.
But whichever you are using, the following measures will aid the effect of the herb:

1. Warm bath following drainage
 2. Avoidance of cold water and drafts to the feet, legs and abdominal area
 3. Bowels should be kept loose and laxative herbs taken when necessary
 4. Meals should be light and include lots of fruits
- Remember that some of the most potent drugs are merely plant derivatives such as digitalis (foxglove) and belladonna. Do not exceed the recommended dosage or period of treatment. Women who have used these herbs say that if they're going to work, they do so after about 5 days. Since there are no long term effects, the best bet is to give up after trying for one week, and seek abortion well before the 12 week limit.

HERBALESE DICTIONARY

Abortifacient: An agent that induces or causes premature expulsion of fetus

Anthelmintic: An agent which expels worms.

Anesthetic: An agent that deadens sensation

Astringent: An agent that deadens sensation

Antifibric: Prevents formation of calculi in the urinary organs.

Antiseptic: Opposed to putrefaction.

Antispasmodic: Relieves or prevents spasms.

Carminative: Expels wind from the bowels

Cardiac: An agent that stimulates or otherwise affects the heart.

Cathartic: An agent which acts to empty the bowels.

Decoction: Stronger dose, usually made from root of medicinal plant, where 1/2 oz. of the root is boiled in 1 cup of water for 3 to 5 minutes. Strain before drinking.

Diaphoretic: An agent that promotes perspiration, sudorific.

Diuretic: An agent which increases the secretion and expulsion of urine

Emmenagogue: An agent which promotes menstrual flow.

Expectorant: An agent which promotes discharge of mucus from the respiratory passages.

Febrifuge: An agent that reduces or eliminates fever.

Galactagogue: An agent that reduces or eliminates fever.

Homeopathically: In small mouthfuls

Infusion: Tea made from steeping 1 tsp. herb in 1 cup boiled water.

Laxative: An agent promoting evacuation of the bowels.

Oxytoc: An agent that stimulates contraction of the uterine muscle and thus speeds childbirth.

Purgative: An agent that promotes vigorous emptying of the bowels.

Sedative: An agent that has a soothing effect on the nerves.

Stimulant: An agent that excites or quickens the activity of physiological processes.

Stomachic: An agent that strengthens or tones the stomach.

Tonic: An agent that enervates organs.

Vasocostrictor: An agent that narrows the blood vessels, thus raising the blood pressure.

Vermifuge: An agent causing expulsion of intestinal worms.

Vulnerary: A healing application for wounds



ABORTIFACIENTS

★ **Hemlock Spruce, *Tsuga canadensis***
COMMON NAMES: Canada pitch tree, hemlock gumtree.
MEDICINAL PART: Bark.
TO USE: Infusion: steep 1 tsp. inner bark or twigs in 1 cup boiling hot water.

★ **Horseradish, *Armoracia lapathifolia***
MEDICINAL PART: Root.
USES: Abortifacient, diuretic, stomachic.
TO USE: Cover one cup finely grated undried horseradish with vinegar and let stand for 10 days. Take 1 tsp. 2 or 3 times a day, well diluted with water.
CONTRAINDICATIONS: Do not take large doses at one time. Discontinue use if diarrhea or night-sweating occurs.

★ **Shepherd's Purse, *Capsella bursa-pastoris***
COMMON NAMES: Cowwort, pickpocket, St. James' weed, toywort.
MEDICINAL PART: The herb.
USES: Abortifacient, diuretic, typtic, vasoconstrictor.
TO USE: Infusion: Steep 1 tsp. fresh or 2 tsp. dried herb in 1/2 cup of water. Take 1 cup a day, unsweetened, homeopathically.
CONTRAINDICATIONS: Not to be taken internally if high blood pressure is present.

★ **Peruvian Bark, *Cinchona* spp.**
COMMON NAMES: Cinchona, Jesuit's bark.
MEDICINAL PART: Bark.
USES: Abortifacient, astringent, febrifuge, oxytocic, tonic.
TO USE: Infusion: Steep 1 tsp. bark in 1 cup water. Take 1/2 cup a day, no more than 1-2 cups total. Don't use larger dose than prescribed.

★ **Celery, *Apium graveolens***
COMMON NAMES: Garden celery, wild celery.
MEDICINAL PARTS: Roots, seeds, leaves.
USES: Plant: Abortifacient, diuretic, emmenagogue.
TO USE: Take 1 tb. juice expressed from plant 2 or 3 times a day, 1 hour before meals.
CONTRAINDICATIONS: High sodium content precludes use if there is high blood pressure.



We learned that contrary to our assumption that no one knew about herbal methods of abortion, many women, particularly those into self-help gynecology, goddess or 'witch' religions, and natural foods, already had fragmentary knowledge of abortifacient teas, and were already experimenting

We read an account in Women's Press, a Eugene Oregon, feminist journal, of a woman who wanted to terminate her pregnancy, and matter-of-factly bolted down a brew of blue cohosh root every night. It failed. We heard of another young woman who discovered her pregnancy a bit earlier, boiled black cohosh root mixed with gentian, and claimed she subsequently miscarried. Our staff got into the act when, as luck would have it, another reporter got pregnant and tried both black cohosh and pennyroyal in vain. "You've heard of iron stomachs?" she commented. "Well, I have an iron uterus." She obtained a vacuum aspiration at a local clinic.

Silly Suicide

- "Long Island Lolita" teen Amy Fisher, who shot her lover's wife Mary Jo Buttafuoco "attempted suicide" by swallowing "10-15 tablets of Xanax". PaGG recommends that the Surgeon General come out four square against this kind of abuse of benzodiazepines. Ever since Robert "Idiot" McFarlane tried to off himself with Valium thousands of perfectly good pills have been wasted on senseless "cry-for-help" suicide bids.

Folks, these pills just won't kill you. To get them to cause death you simply must mix them with alcohol, barbiturates and a plastic bag over your head. Even then it might not be a bad idea to shoot yourself in the head as you jump out a window.

So there you go. PaGG takes a dim view of those who would waste such cool pills as "vitamin V" just to get attention. Hint for the world-weary: give your pills to a friend then OD on OTC antihistamines instead. You'll get approximately the same effect while making at least somebody happy.

More Pill Crime

- In Cleveland a 73-year-old physician was arrested after a secret jury charged him with 76 counts of drug trafficking and writing false prescriptions.

When cops — accompanied by bright lights and a television "news" crew — burst into the aged Dr. Demetrius Pawlyszyn's office two patients fled the waiting room leaving the doc to be trussed up and hauled away in the paddy wagon.

The doc, a native of the Ukraine, is accused of — get this — writing what the secret prosecutor said were too many prescriptions for Valium, Tylenol with codeine and Vicodin. The scourge of Cleveland further proved himself a low-down scumbag by only charging his patients \$25 per visit. Accused of giving out pills "like candy" the doc replied that 20 or 30 tablets "is not candy" but I think we see through this ruse.

- In Madison, WI, Attorney General James Doyle strutted for the cameras in front of \$22,000 worth of anabolic steroids seized in a daring raid on southern Wisconsin health clubs. Doyle said his men acted just in time to cut a "pipeline" of the body-building drugs that had been established from Mexico and Japan.

- Also in Madison, WI, a Pierce County district attorney was charged with obtaining Valium "by concealing material fact."

Basically, what Roger Zemke, 46, did was run around to a bunch of different doctors complaining of back pain and obtaining prescriptions for Valium and Vicodin, then stockpiling them against the day he might not be able to get them any longer. He turned over some 44 bottles of stored-up pills to the authorities and now faces a year in jail where he can pal around with some of the folks he's prosecuted in the past.

- And Elvis' ex-doc George Nichopoulos, 64, has lost his license again pending a "trial" by the Tennessee Board of Medical Examiners who say he has addicted several patients to various drugs and that he also prescribed drugs to drug addicts.

Nichopoulos has been through all this before when they tried to hang Elvis' heart attack on him.

- In Norristown, PA even pleas for clemency from the prosecutor fell on deaf ears as a kindly judge sentenced a 61-year-old man to 3-12 years in prison for possession of amphetamines. The judge, Samuel Salas said he didn't think a light sentence would do any good. "I believe incarceration is the

only vehicle to prevent these crimes from happening again." The victim, Francis Xavier Kines was old and decrepit and walks with a cane. The prosecutor pointed out that Mr. Kines had been addicted to methamphetamines for almost 35 years and had become an addict long before the drug became "illegal".

- Meanwhile, the federal government continues to rack up convictions against a string of seven generic pharmaceutical companies yielding 29 convictions against individual executives (and five FDA agents) and \$20 million in fines.

These guys all conspired and did put on the market substandard medicines and submitted fake test data to prove the safety and efficacy of a whole slew of pharmaceuticals. None of the people convicted of crimes are doing much, if any time. Most are being sentenced to probation, community service and — most draconian of all — lifetime expulsion from the business of manufacturing generic drugs. Yikes!

- Two executives of a Detroit-area pharmaceutical wholesaler ripped off some \$4 million in Medicaid fraud. Ann Newman, president of Frank W. Kerr Co. got an astounding 300 hours of community service and a \$29,000 fine while the company's vice president, Arthur Wolf drew nine whopping months in a "community corrections center" and has been fined \$25,000. Also, the company is supposed to pay back the stolen money.

Truth, R.I.P.

He damn near made it to 100 before truth serum inventor Ernest Volwiler of Abbott Laboratories died at age 99. It was in 1936 that Volmiler and sidekick Donalee Tabern developed the anaesthetic sodium pentathol. This was right on the heels of the two chemists' successful invention of the barbiturate Nembutol, which can knock you out in 20 minutes.

Vitamin Reprieve

- On October 6th, the House voted to give vitamin supplement manufacturer's a one year breather before forcing them to comply with labelling laws that will ultimately destroy their businesses. To make the bill palatable to the megalomaniacs who run our lives, the same bill also authorizes the FDA to begin extracting "user fees" from companies that want to have their drugs approved. The reprieve is thanks to Senator Orrin Hatch of Utah whose state is home to a \$700 million vitamin industry. Hatch knows what's going on and continues to fantasize that the year-long break will allow these jackasses to "develop a more intelligent approach" to wiping out yet more of our freedoms.

1894 EMERGENCY KIT by the Parke-Davis Company carried cocaine, morphine, atropine and strychnine as well as a hypodermic syringe.

